



# Rising Strong

All Children Thrive Learning Session  
Spring 2019



# BACKGROUND

Rising Strong is a **Price Hill** based group of **parents & caregivers** dedicated to ensuring all children and families are **healthy, happy, and thriving**

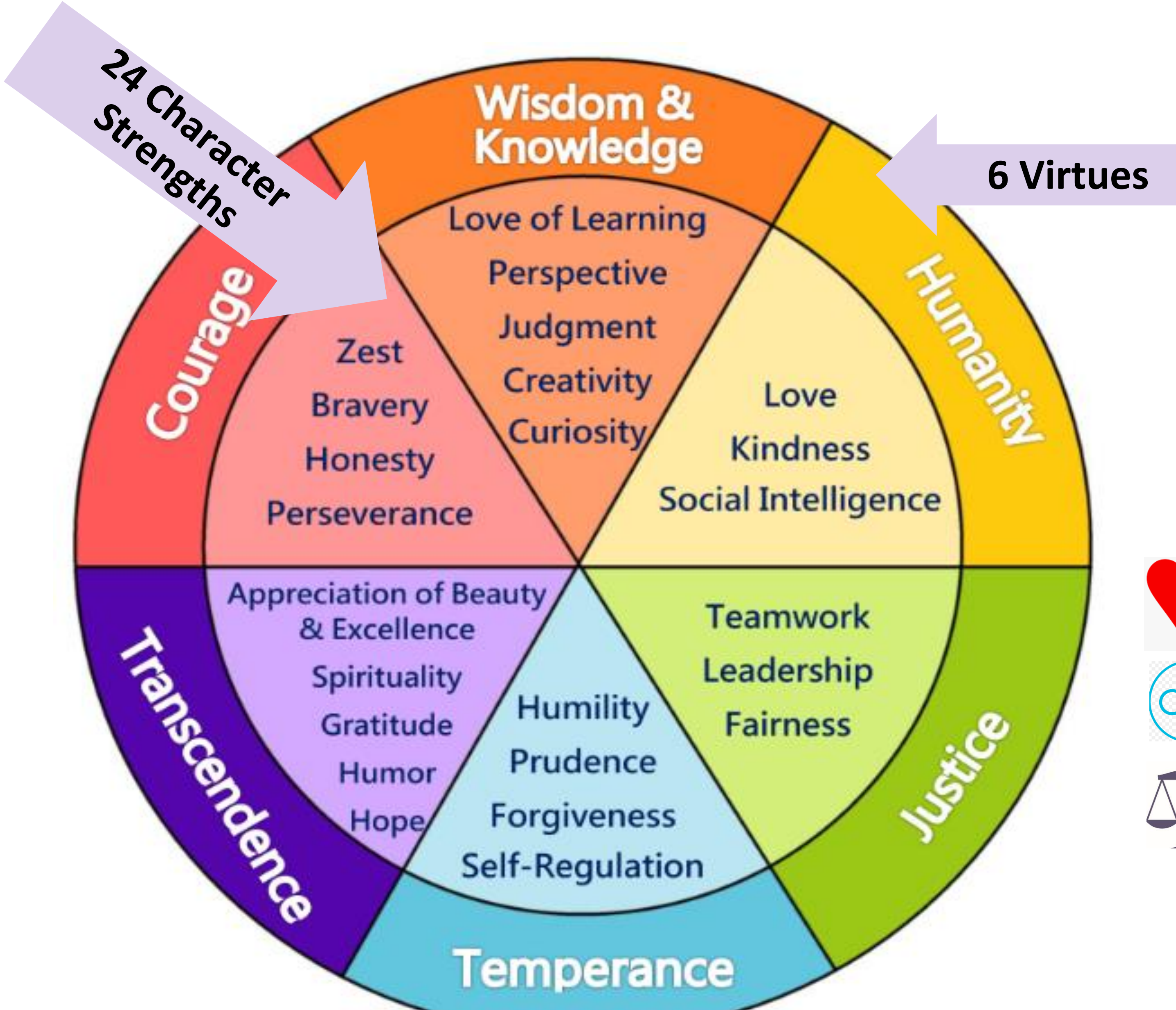


## Parents' Request!

“Help me to strengthen my parenting skills - so I can communicate better with my family!”

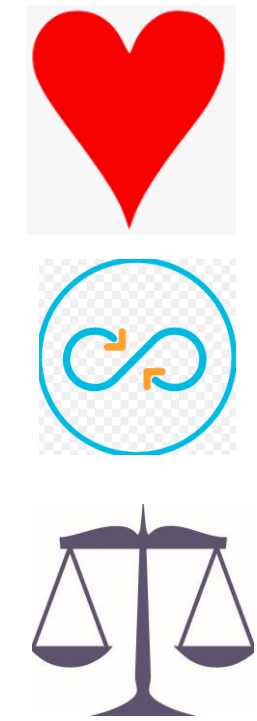


# CHARACTER STRENGTHS



**9 Rising Strong parents completed Strength Questionnaires**

**Top Strengths!**



- 1. Love**
- 2. Perseverance**
- 3. Fairness**

# Rising Strong Parent Network Key Driver Diagram (KDD)

Project Leader(s): Geneita Singletary

Revision Date: 05/03/2019 (v2)



## Global Aim

Creating strong family bonds in Price Hill neighborhoods

## SMART Aim

To increase family activation using the Character Strengths Tool

## Population

Parents attending the Rising Strong Network meetings

## Key Drivers

Awareness of ourselves and our tendencies

Friends and family that help us continue to improve

Reliable and accurate data

Parent-to-Parent Accountability and Support

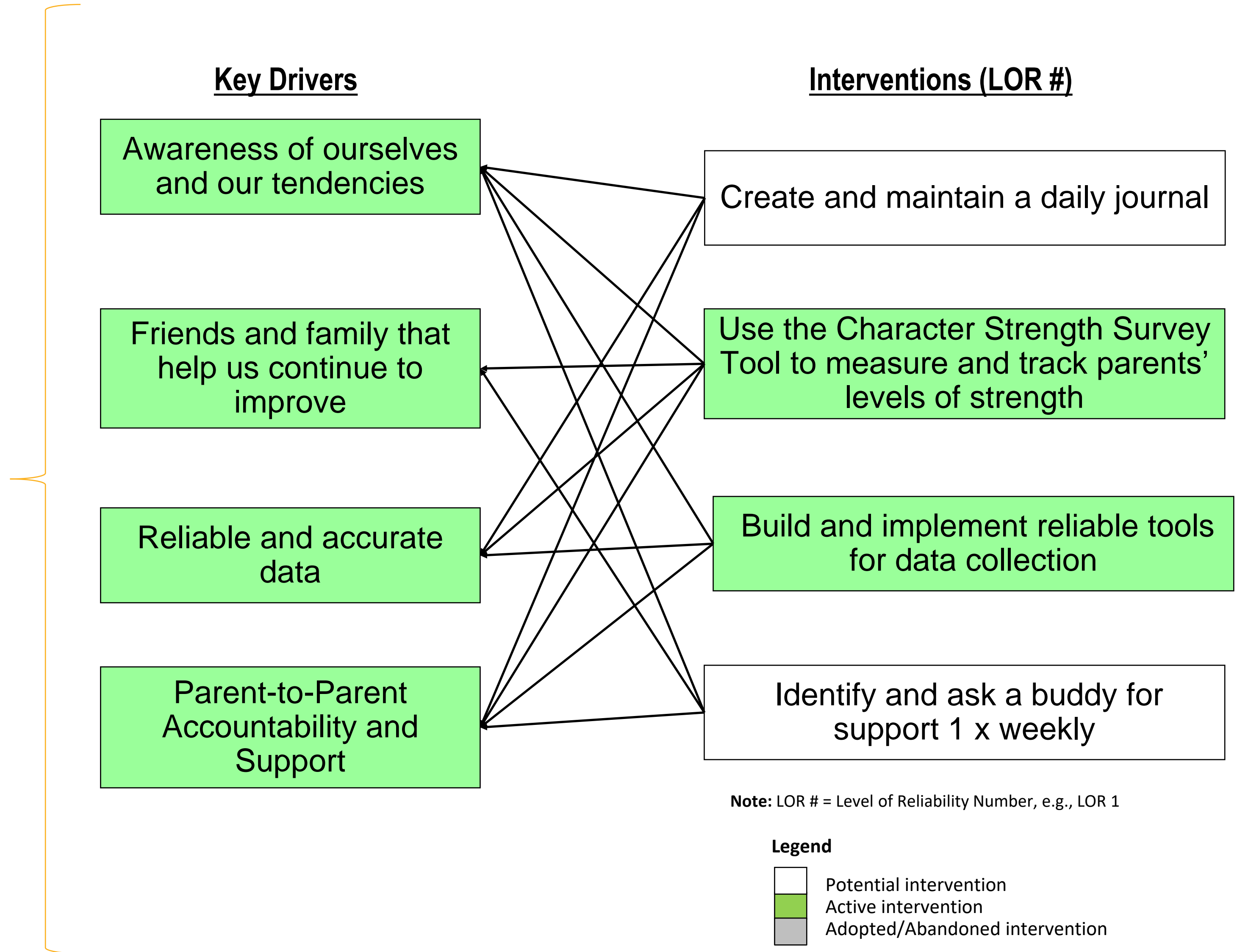
## Interventions (LOR #)

Create and maintain a daily journal

Use the Character Strength Survey Tool to measure and track parents' levels of strength

Build and implement reliable tools for data collection

Identify and ask a buddy for support 1 x weekly



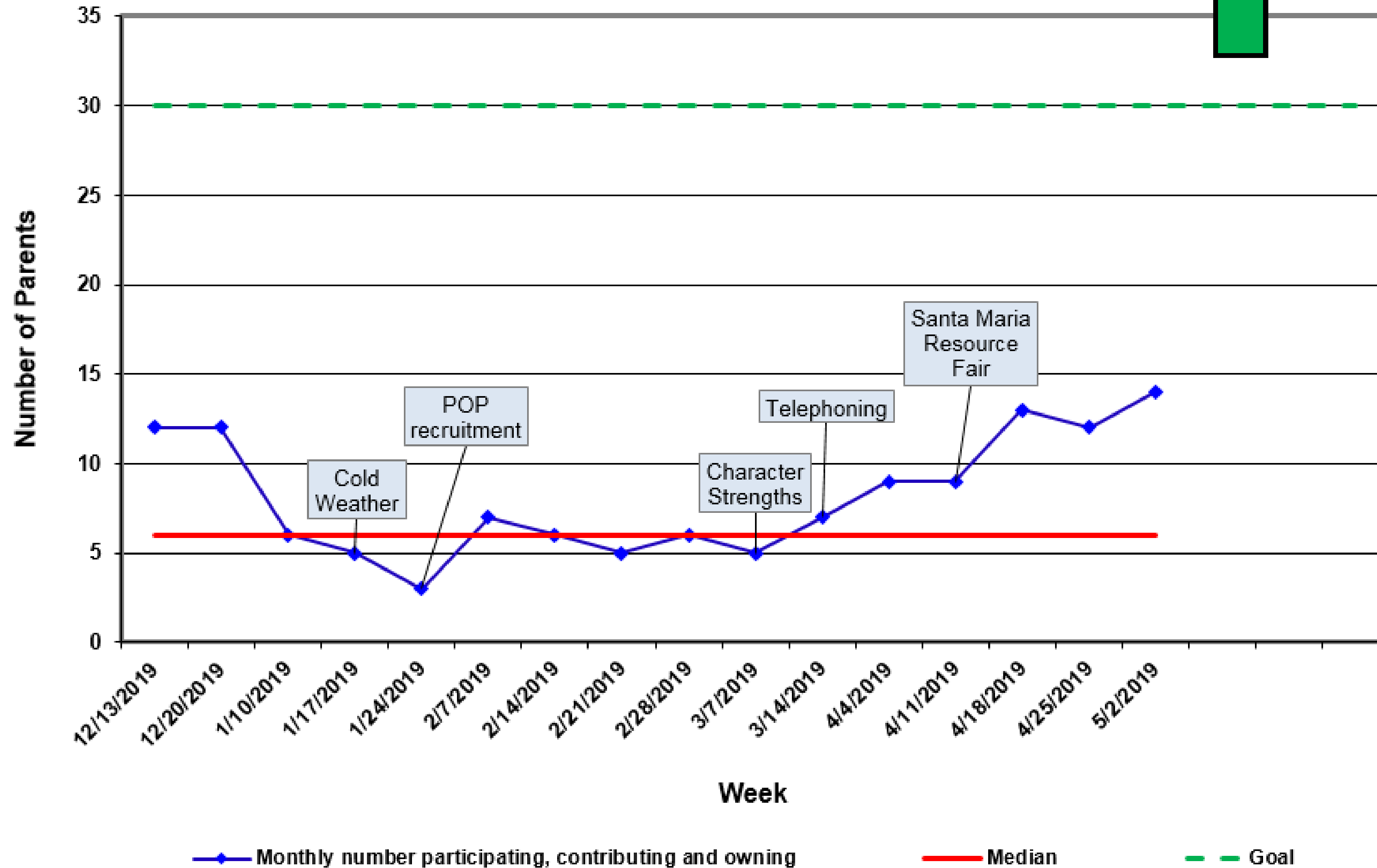
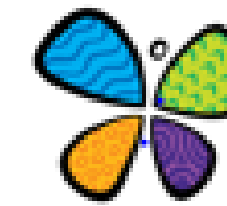
Note: LOR # = Level of Reliability Number, e.g., LOR 1

### Legend

- Potential intervention
- Active intervention
- Adopted/Abandoned intervention

# RESULTS

Number of 45204, 45205 Parents Activated in Rising Strong



**“We ARE Price Hill” !**



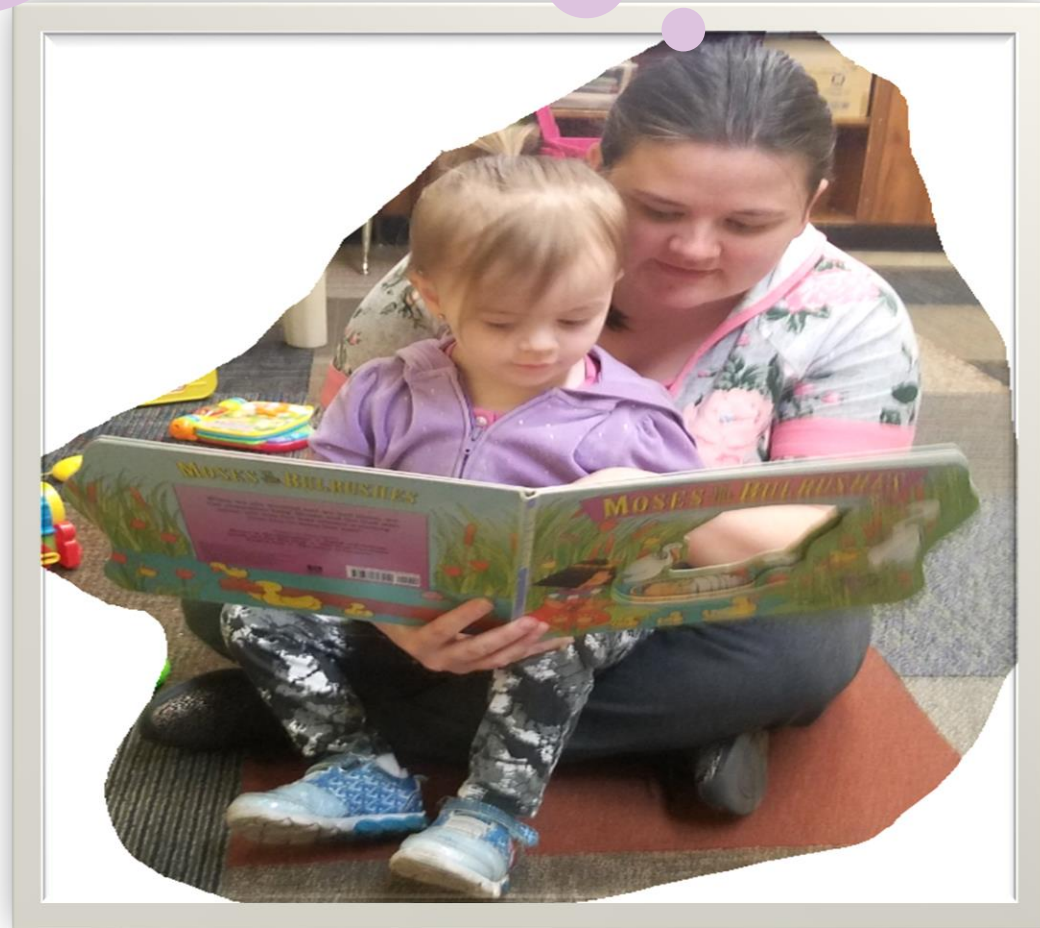
# MOST PROUD & WHY Parents' Voice!

**“Access to ACT & Hospital's Outreach Programs”**



**“WE are family”**

**“Shared resources in the community”**



**“Fitting into this group helps with belonging”**



# GREATEST CHALLENGE

VIA INSTITUTE ON CHARACTER

VIA SURVEY CHARACTER STRENGTHS REPORTS COURSES PROFESSIONALS RESOURCES RESEARCH ABOUT

Please choose one option in response to each statement. All of the questions reflect statements that many people would find desirable, but we want you to answer only in terms of whether the statement describes what you are like. Please be honest and accurate! We cannot rank your strengths until you answer all of the 120 questions.

	Very Much Like Me	Like Me	Neutral	Unlike Me	Very Much Unlike Me
Being able to come up with new and different ideas is one of my strong points.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have taken frequent stands in the face of strong opposition.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I never quit a task before it is done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I always keep my promises.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have no trouble eating healthy foods.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I always look on the bright side.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am a spiritual person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to handle myself in different social situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I always finish what I start.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Parents are Working to better understand

...

- Which strengths should I focus on?
- How does Character Strengths translate to me when helping my children?
- How do I know when to use which strengths?

# Team Members



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