all children
thrive

Plenary

Pathway from Crisis to Thriving

Session Objectives

- Create maps that **visualize the needs of families,** in the pathway from crisis to thriving for five prioritized areas (housing, emergency funds / financial security, employment, food, and transportation).

- Build a picture of existing **solutions that meet and do not meet families' needs** across the thriving spectrum.

- Gain understanding of how the Pathway from Crisis to Thriving Model can be used for **system change**.

- Consider **your own role and influence** in the journey of families from crisis to thriving.

Session Agenda

10 min – introduce Pathway from Crisis to Thriving and Family SDoCT data summary

5 min – explain the exercise

5 min – for introductions and selecting roles at tables

10 min – individuals fill out colored post-it notes and add them to their table's Pathway

15 min – table discussion

15 min – debrief, sharing of examples from each of the focus areas

Pathway from Crisis to Thriving

In Crisis: (0, 1, 2) Family needs immediate support

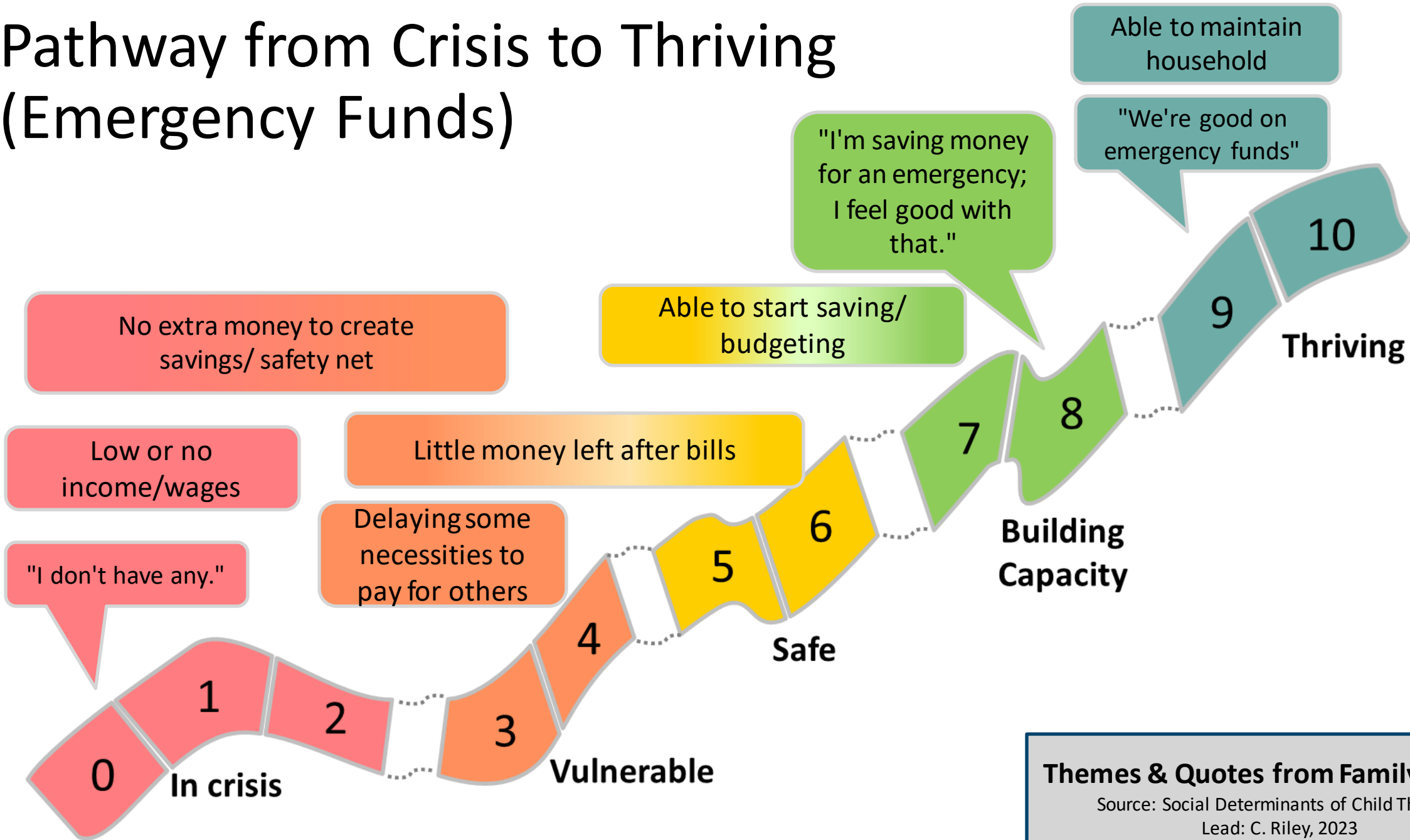**Vulnerable:** (3, 4) Family at risk, support needed to move to safe

Safe: (5, 6) Family can meet basic needs, but requires occasional assistance

Building Capacity: (7, 8) Family is stable, safe, and moving toward thriving

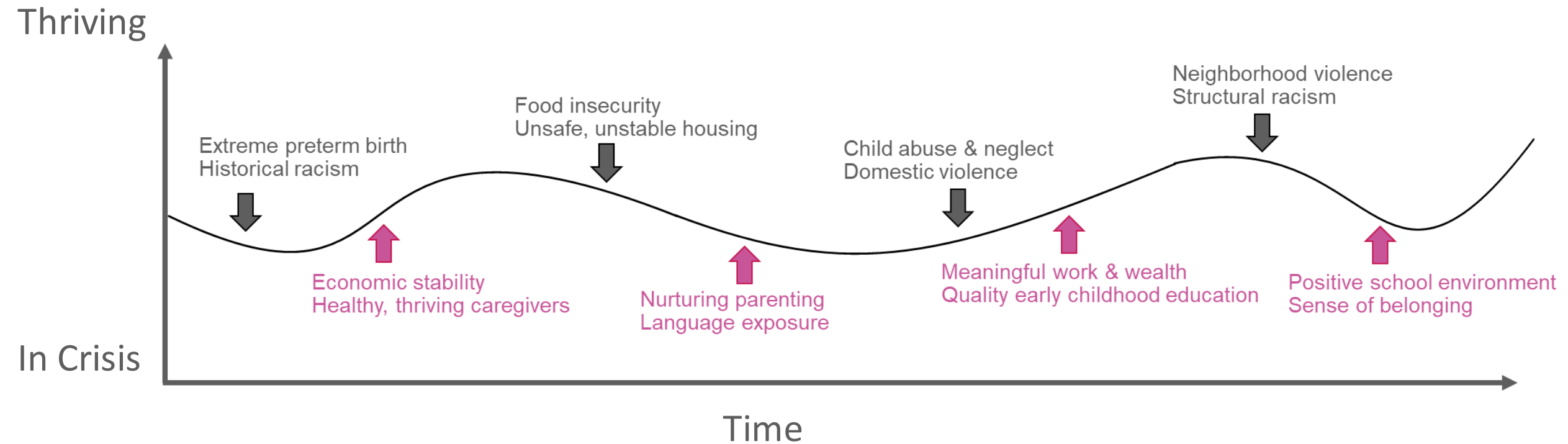**Thriving:** (9, 10) Family is self-sufficient and thriving

Pathway from Crisis to Thriving (Emergency Funds)

Able to maintain household

"We're good on emergency funds"

"I'm saving money for an emergency; I feel good with that."

No extra money to create savings/ safety net

Able to start saving/ budgeting

10

9

Thriving

7 8

Low or no income/wages

Little money left after bills

Building Capacity

"I don't have any."

Delaying some necessities to pay for others

4

5 6

Safe
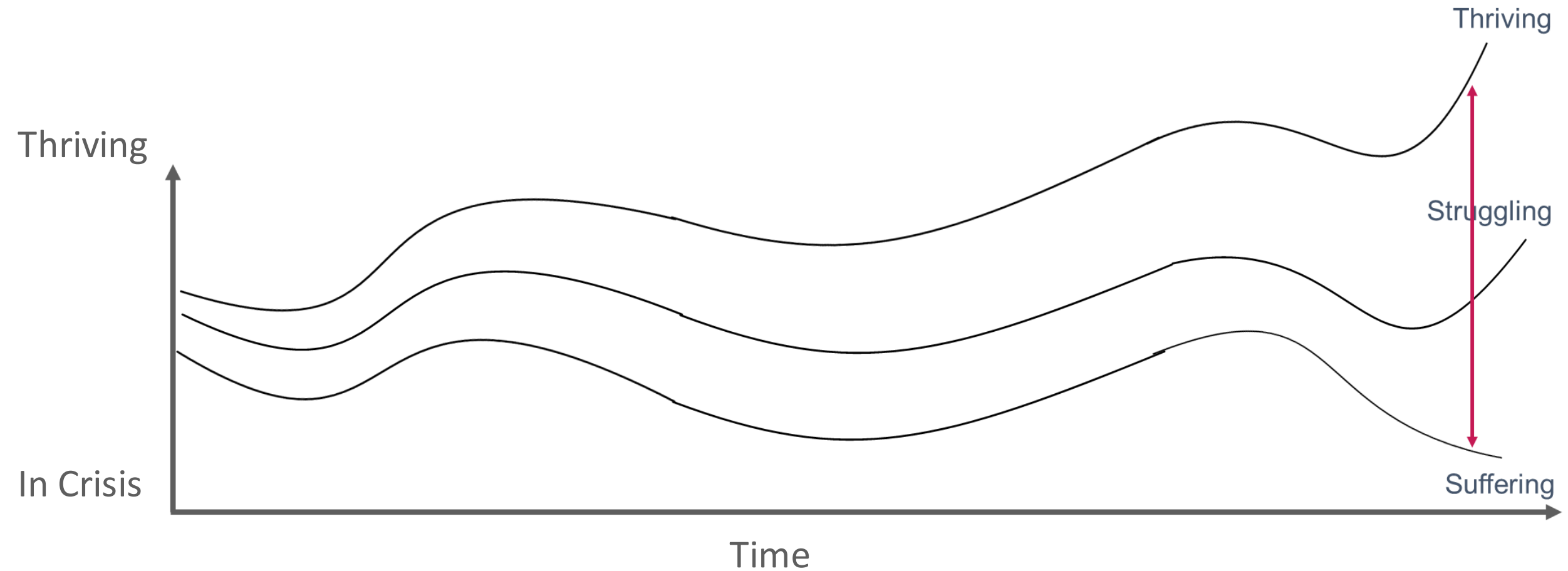
1

2

3

0

In crisis

Vulnerable

Themes & Quotes from Family Stories
Source: Social Determinants of Child Thriving
Lead: C. Riley, 2023

The Life Course of a Family Over Time

Thriving

In Crisis

Time

Extreme preterm birth
Historical racism

Food insecurity
Unsafe, unstable housing

Child abuse & neglect
Domestic violence

Neighborhood violence
Structural racism

Economic stability
Healthy, thriving caregivers

Nurturing parenting
Language exposure

Meaningful work & wealth
Quality early childhood education

Positive school environment
Sense of belonging

Adapted from Halfon

The Life Course of a Family Over Time

Thriving

Thriving

In Crisis

Struggling

Suffering

Time

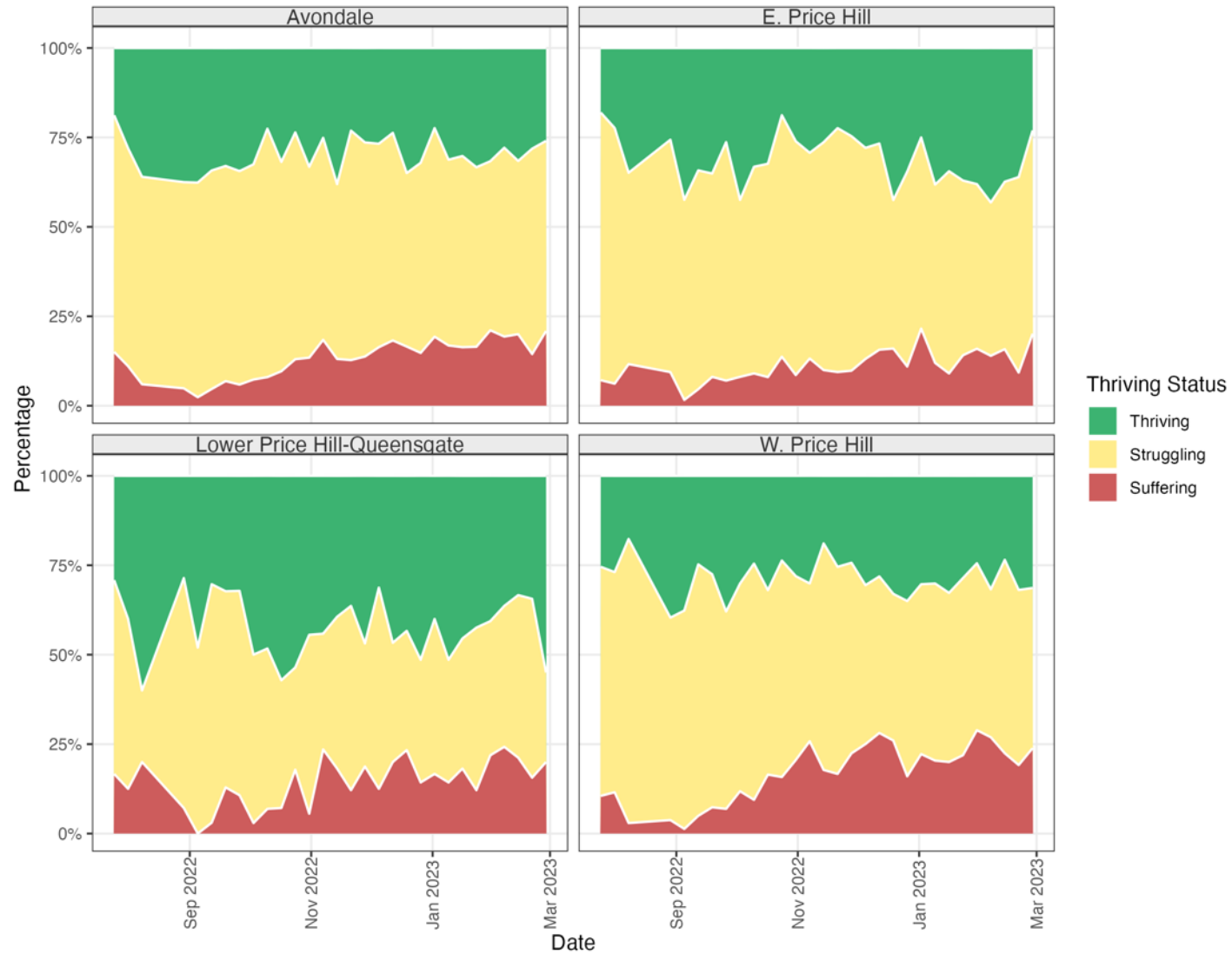# Thriving, Struggling, and Suffering
in Select Disadvantaged Cincinnati Neighborhoods

Preliminary Data from 2022-2023

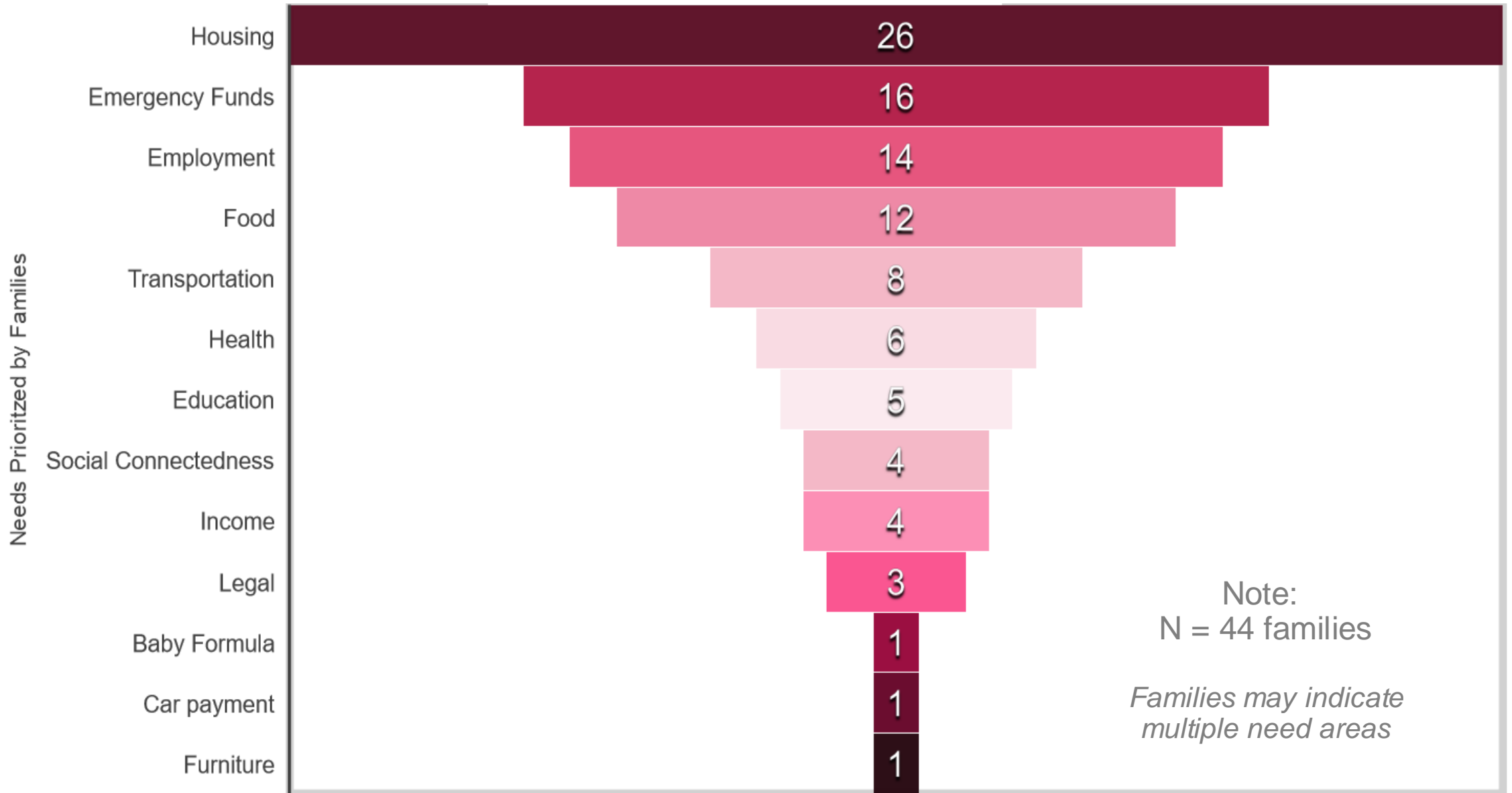Riley et al. Safe & Supported Families.
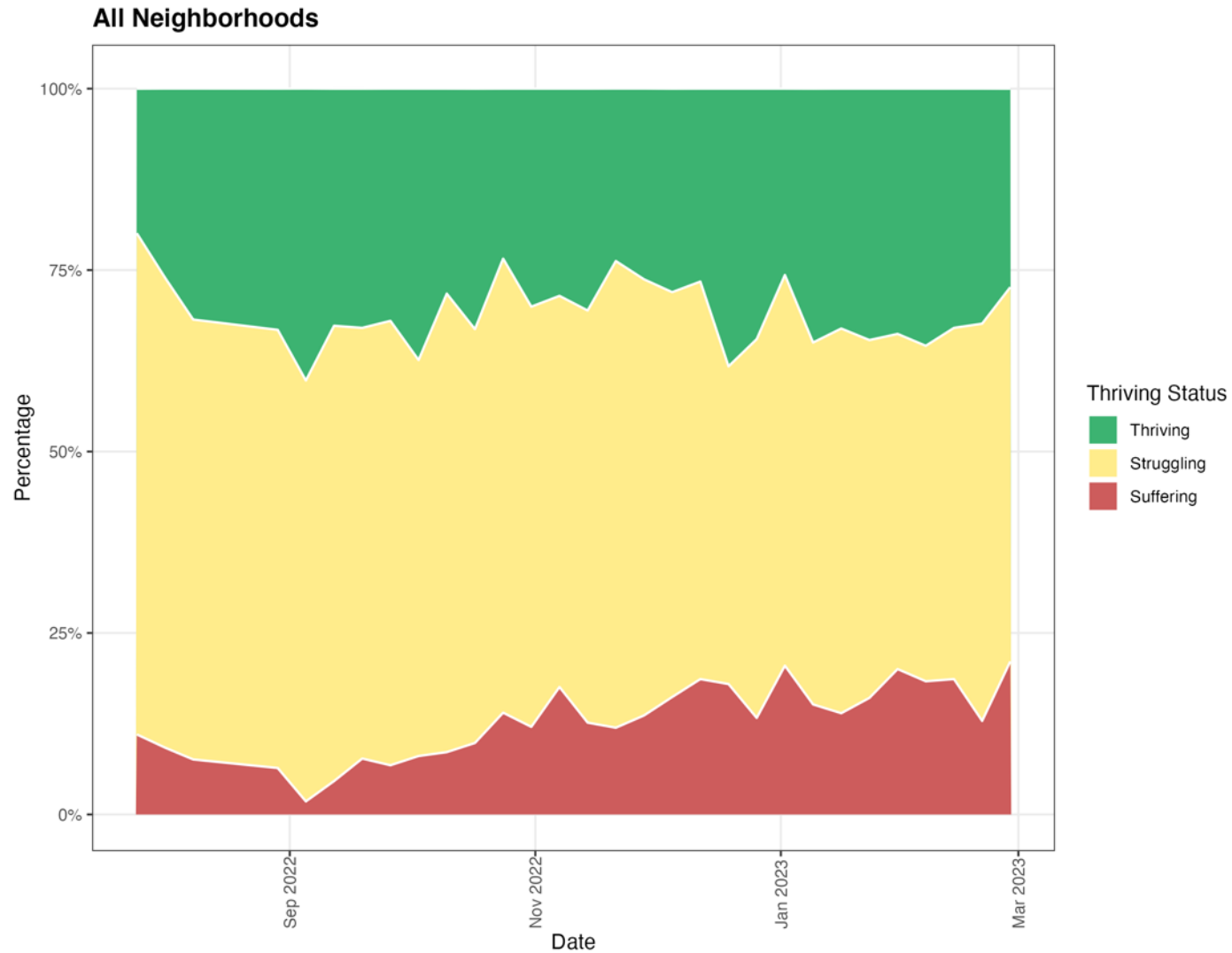
Thriving, Struggling, and Suffering
in Select Disadvantaged Cincinnati Neighborhoods

Preliminary Data from 2022-2023

Family-Prioritized Needs (Updated March 2023)

Needs Prioritized by Families	
Housing	26
Emergency Funds	16
Employment	14
Food	12
Transportation	8
Health	6
Education	5
Social Connectedness	4
Income	4
Legal	3
Baby Formula	1
Car payment	1
Furniture	1

Note:
N = 44 families

Families may indicate multiple need areas

Top 5 Barriers (Experienced by 78% of families)

- **Must be in crisis or emergency before able to access resource or support**

- **High demand for resources, overwhelmed agencies**

- **Unclear or no action pathway**

- **Caregiver mental fatigue, readiness**

- **Limited or no legal representation available**

Top 5 Key Learnings (Experienced by 70% Families)

Resources are reactive, crisis dependent. No supports for upward mobility.

Families are particularly vulnerable to unmet needs at times of transition.

Families must engage in complex, variable, lengthy, multi-step processes.

Systems are fragmented and work in siloes that families must navigate.

Building trust with families is essential for their forward or upward progress.

System Attributes that Promote Thriving

System is **anti-racist**

System is **accessible to all**

System is **empathetic**

System is **proactive**

System **empowers families**

Systems are **integrated**

System is **safe**

System is **trustworthy**

Paving the Pathway from Crisis to Thriving

Activity

- Four Parts:
  - **Getting started** – table introductions & define roles
  - **Pathway Activity** – individual reflection & input to pathway questions
  - **Table Discussion** – group discussion at tables
  - **Report Out** – a sampling of table will share key learnings

Plenary Notes

List the names of people and organizations at your table:

Capture notes from your table discussion:

Getting Started (Part 1) *[5 Minutes]*

- Introduce yourself to your table

- Identify someone to be a scribe

- On the Plenary Notes sheet, write down the name and organization of each member of your group

- Identify someone to be a spokesperson if your table is asked to share key discussion points during the debrief

Pathway from Crisis to Thriving Exercise

Table Assignments

So that we collect feedback and ideas for each of the prioritized needs, tables are assigned to the problems as follows:

Housing	1	6	11	16	21	26	31	36	41	46	51	56
Emergency Funds / Financial Security	2	7	12	17	22	27	32	37	42	47	52	57
Employment	3	8	13	18	23	28	33	38	43	48	53	58
Food	4	9	14	19	24	29	34	39	44	49	54	59
Transportation	5	10	15	20	25	30	35	40	45	50	55	60

Pathway Activity (Part 2) *[10 Minutes]*

Considering system attributes that promote thriving, each participant silently completes Post-it notes and places them on the pathway.

In ORANGE Post-Its, list: What are the family **needs** at each step, from crisis to thriving?

In BLUE Post-Its, list: What are the **challenges** a family might face along this pathway?

In GREEN Post-Its, list: Who are the **people and institutions** a family may or should interact with to aid them along the different steps of the pathway from crisis to thriving?

In PURPLE Post-Its, list: What are the **system / policy changes** that might be needed to help families along the pathway from crisis to thriving?

System Attributes that Promote Thriving

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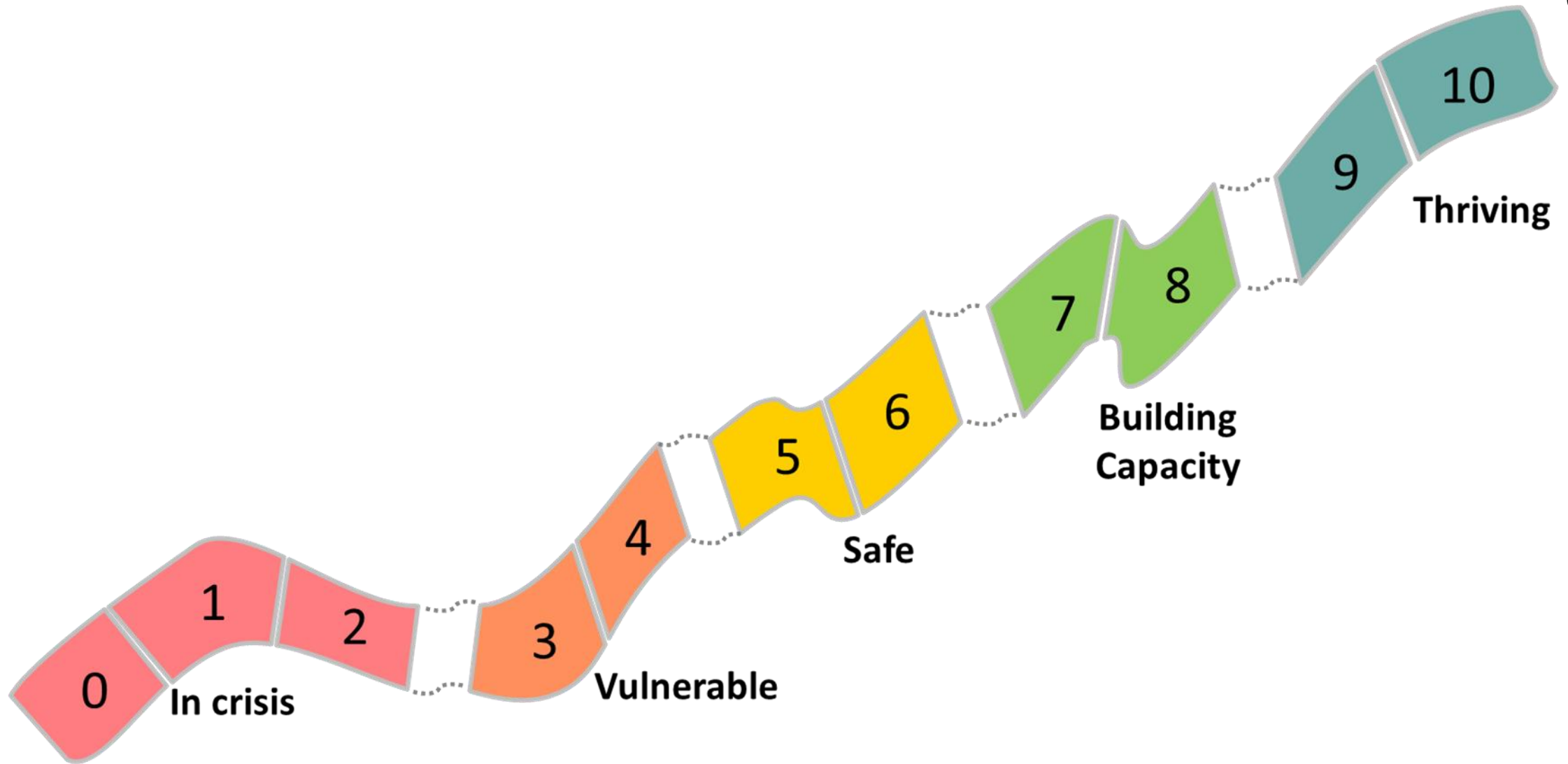
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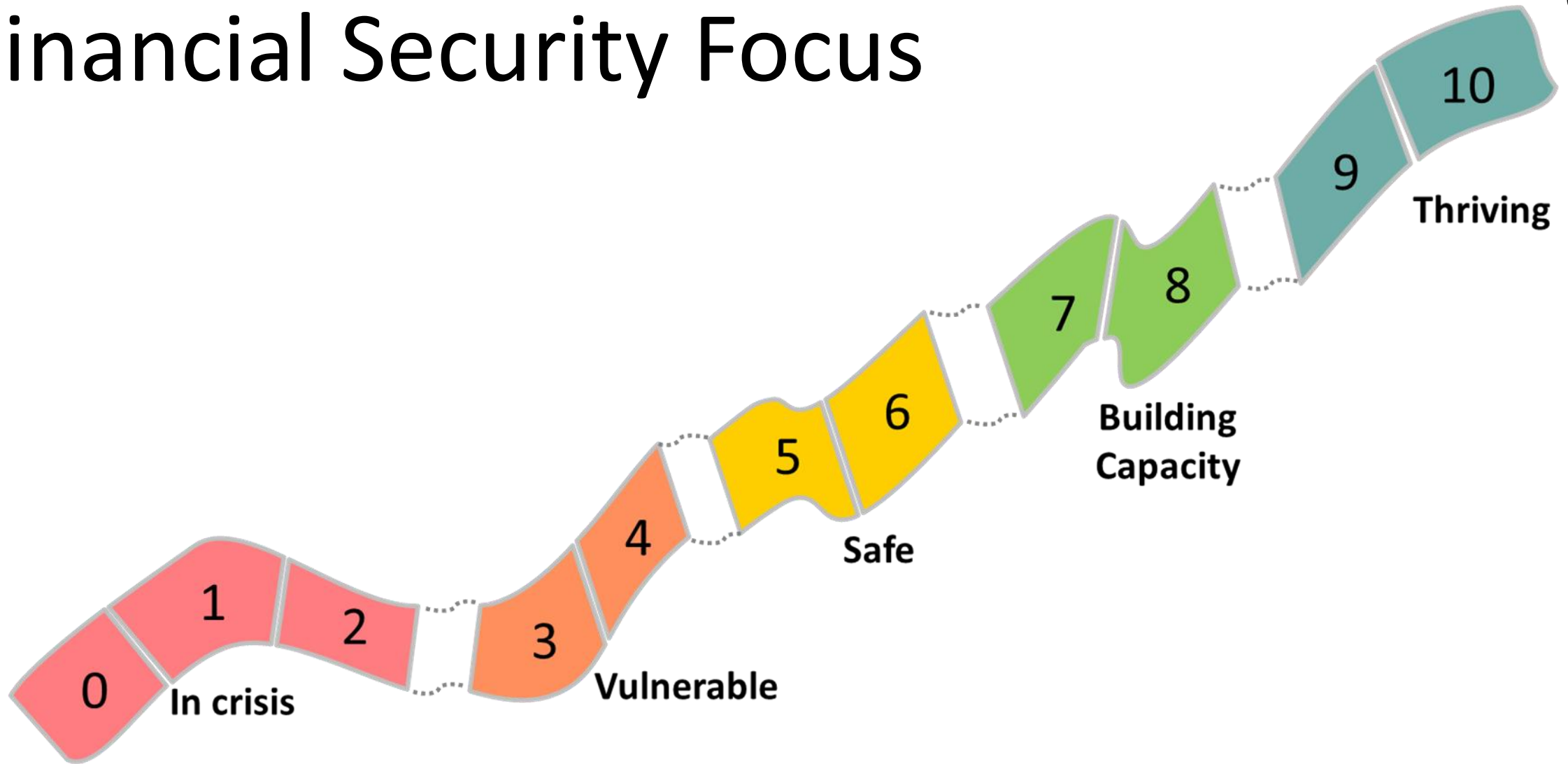System is **proactive**

System **empowers families**

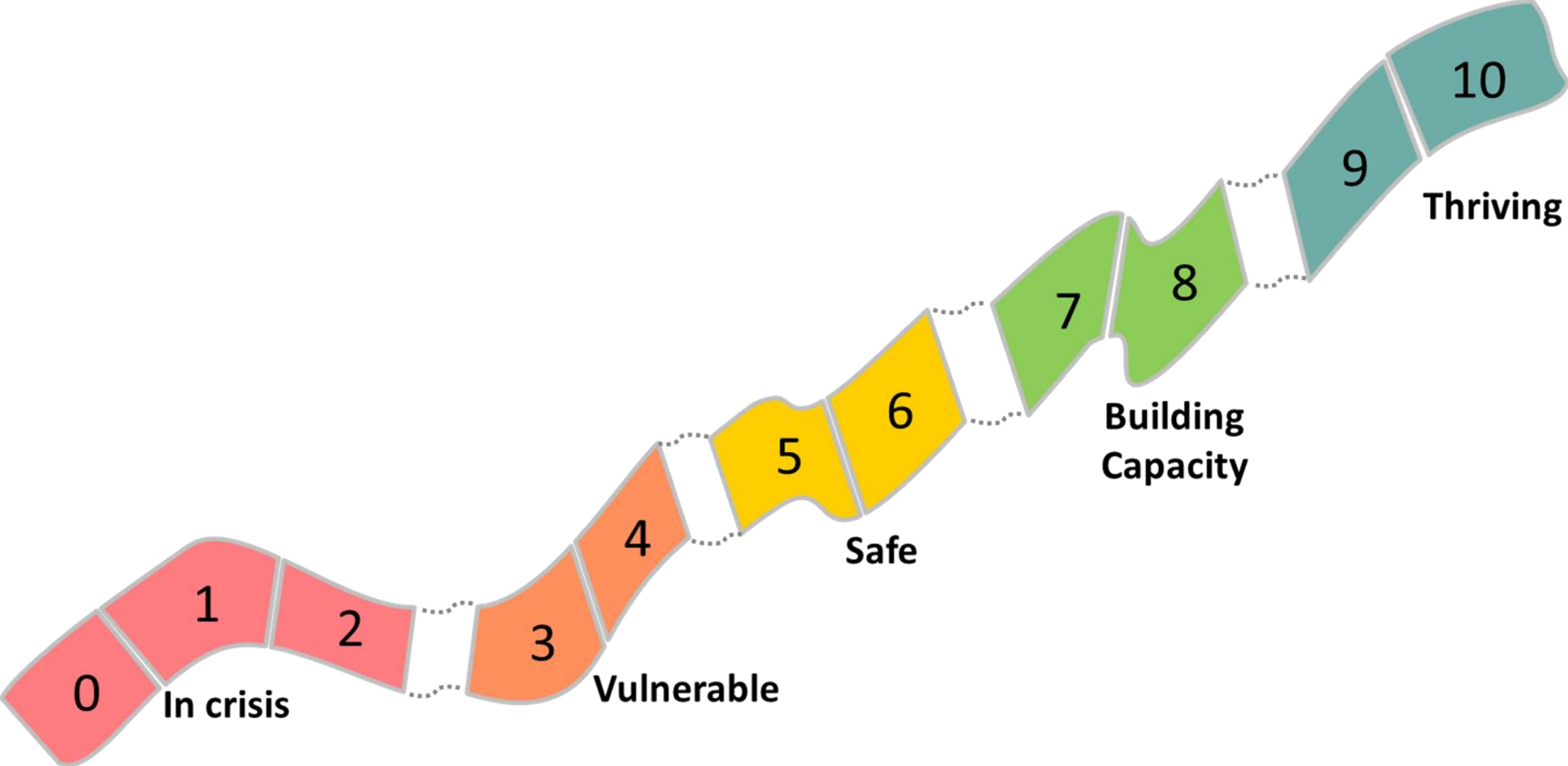Systems are **integrated**

System is **safe**

System is **trustworthy**

All Children Thrive Cincinnati

Housing Focus

0 1 2 — In crisis

3 4 — Vulnerable

5 6 — Safe

7 8 — Building Capacity

9 10 — Thriving

All Children Thrive Cincinnati

Emergency Funds / Financial Security Focus

0 1 2 **In crisis**

3 4 **Vulnerable**

5 6 **Safe**

7 8 **Building Capacity**

9 10 **Thriving**

All Children Thrive Cincinnati

Employment Focus

0 1 2 In crisis

3 4 Vulnerable

5 6 Safe

7 8 Building Capacity

9 10 Thriving

Food Focus

0 1 2 **In crisis**

3 4 **Vulnerable**

5 6 **Safe**

7 8 **Building Capacity**

9 10 **Thriving**

Transportation Focus

0 1 2 — In crisis

3 4 — Vulnerable

5 6 — Safe

7 8 — Building Capacity

9 10 — Thriving

Pathway Activity (Part 2) *[10 Minutes]*

Considering system attributes that promote thriving, each participant silently completes Post-it notes and places them on the pathway.

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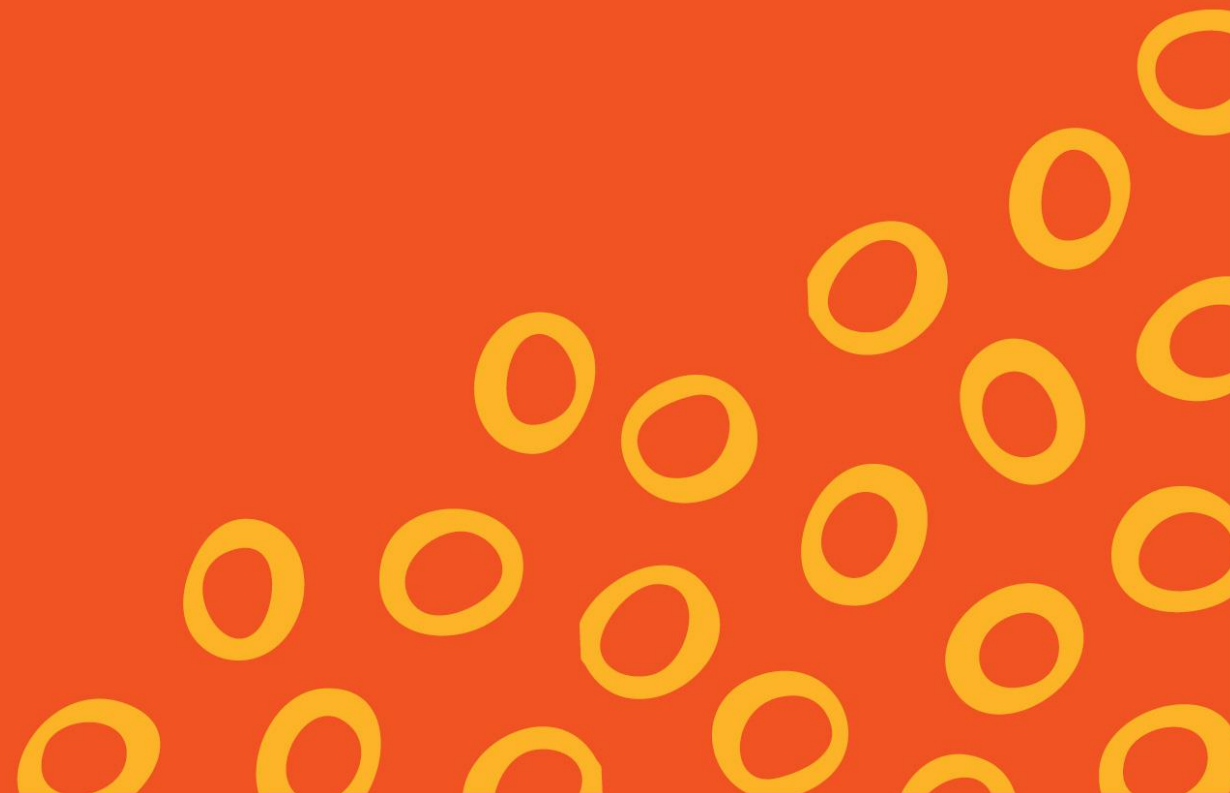
Discussion...

Table Discussion (Part 3) *[15 Minutes]*

- What **opportunities or connections** need to be strengthened?

  o *What strengths do **you** bring?*

Considering the prioritized need (housing, emergency funds, food, etc)

- *What **hopes** and **dreams** do **you** have to move families from crisis to thriving?*

Capture your notes from this conversation on the Plenary Notes sheet

Report Out

Report Out (Part 4) *[15 Minutes]*

What are your table's important reflections and themes?

Family Prioritized Focus Areas
- Employment
- Food
- Transportation
- Emergency Funds
- Housing

0 1 2 **In crisis**

3 4 **Vulnerable**

5 6 **Safe**

7 8 **Building Capacity**

9 10 **Thriving**