



Moving Beyond
Depression Integration
at Hopple Street
Neighborhood Health
Clinic

BACKGROUND



Brief statement or image about why you are doing your project (e.g. problem statement)

Only 33% of mothers from Hopple Street Neighborhood Health Clinic complete the Moving Beyond Depression treatment program.

MBD Integration at Hopple Key Driver Diagram (KDD)

Revision Date9/7/18(v4)



Global Aim

Increase the percent of
eligible mothers
completing Moving
Beyond Depression
(completion of postassessment) from 22% to
80% by August 2019

SMART Aim

Increase the percent of referred mothers assessed from 50% to 55% by November 30

Population

Mothers of children ages
0 – 2 years receiving care
at CCHMC Pediatric
Clinics

Key Drivers

Mother trust in clinic staff & collaborative decision making

Mother's comfort in treatment setting (home, Clinic, Telehealth/community space)

Clinic staff understands the importance of treating depression in mothers

Clinic staff supports mother in MBD program participation

Mother is motivated & committed to the treatment process

Mother overcomes stigma & acknowledges benefits of mental health treatment

Mother understands & appreciates the importance of mental health on child health

Clinic staff identifies depression in mother

Efficient process moving mother from identification to referral & assessment

Program is flexible to meet mother's logistical needs

Mother has a stable living environment

Interventions (LOR #)

Clinic staff rapidly establishing rapport & strong working relationship through use of MI

Collaboration between clinic staff & therapist to support mother's participation in treatment

Train clinic staff in how to talk with mothers about depression & MBD

Clinic staff screen for depression & document encounter

Clinic staff will offer MBD treatment when applicable & document encounter

Clinic staff & therapist inquire about mother's experiences with mental health treatment

Clinic staff address acute needs & supports

Therapist teaches mother a useful & effective coping skill at initial visit

Address child behavior needs through psychologist at Clinic

Access

Trust

Motivation

James M. Anderson Center for Health Systems Excellence

All Children Thrive Cincinnati



PDSA Worksheet – Moving Beyond Depression

10/17/1 10/12/18 Test Complete Date:

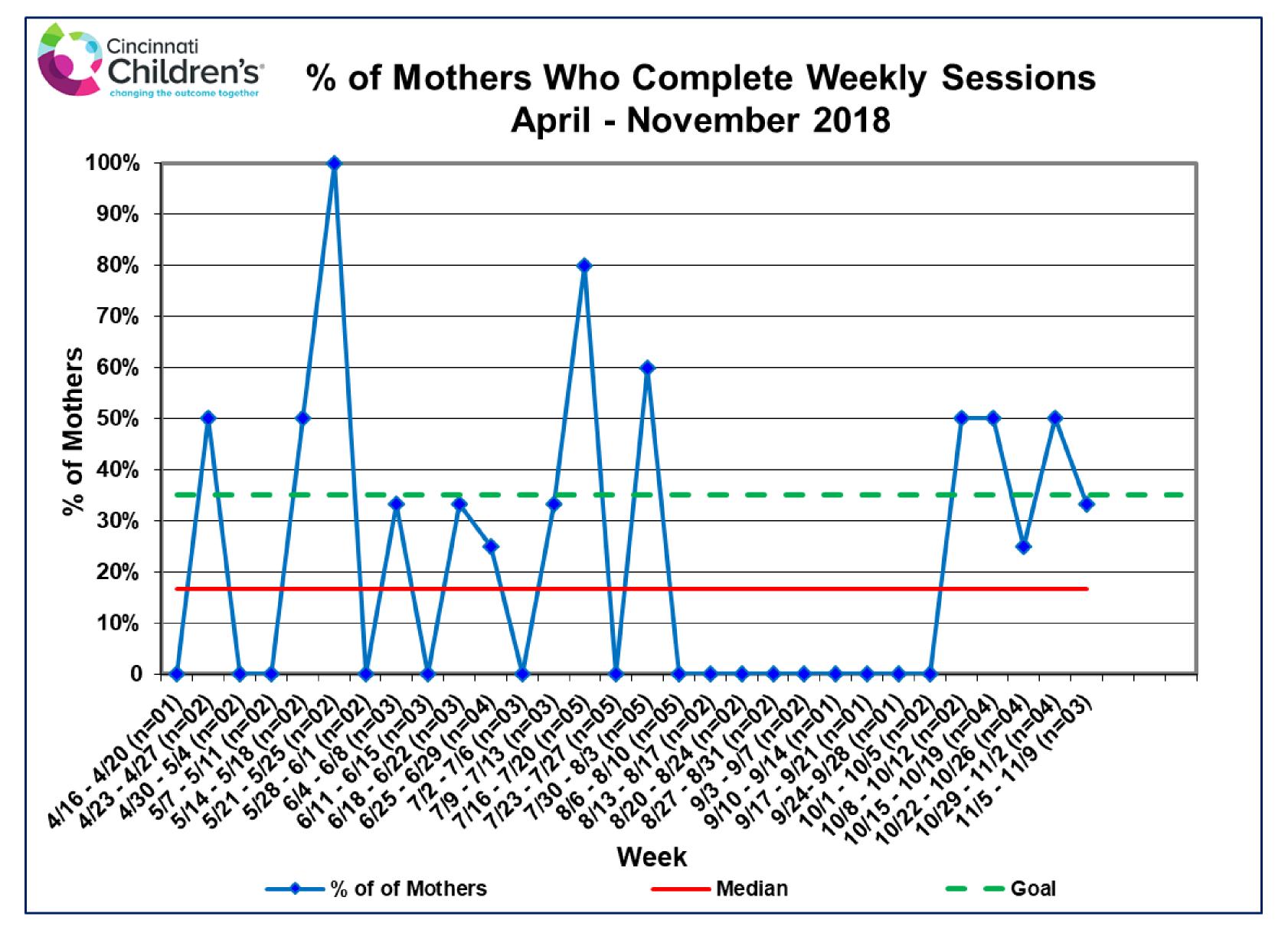
Abandon. Discard this change idea and try a different one.

	Plan	Do
L 8	Act	Study

Ramp #: **2** Test #:**1** Test Start Date: Project SMART Aim: Increase the percent of eligible mothers completing MBD from 22% to 80% by August 2019 Engagement What key driver does this test impact? Mother is motivated & committed to the What is the objective of the test? treatment process **PLAN: DO:** Test the changes. A. Briefly describe the test: XNo Was the cycle carried out as planned? Yes or Therapist will make appt. reminder call and mention symptom/issue; text sent after call with Record data and observations. video. Therapist will teach mom coping skill for symptom/issue mentioned at clinic visit at initial Study was carried out as planned with the exception of sending the text with the video. Therapist (assessment) session. confirmed session the day before and mentioned how therapy could help with sleep. Therapist addressed B. How will you measure the success of this test? sleep early during the assessment and taught mother sleep hygiene techniques at the end of session. Mom attends initial (assessment) session with therapist. What did you observe that was not part of the plan? Therapist did not have MBD video readily available to send the day of the call. C. What would success look like? Mom completes treatment. **STUDY:** Did the results match your predictions? χ Yes or D. What do you predict will happen? Compare the result of your test to your previous performance: Mom will have buy-in and complete initial (assessment) session. Mother responded well to learning the coping skill as it addressed the issue she identified E. Plan for collection of data: as being her most pressing issue. PDSA form and excel sheet. What did you learn? Teaching a skill the corresponds with a problem that Mother has identified seems to be a F. Tasks: good way to make sure mother will complete assessment. Person List the tasks necessary to **ACT:** Decide to Adapt, Adapt or Abandon (shade one box). When Where responsible complete this test (what) (who) **Adapt.** Improve the change and continue testing the plan. XCreate menu of coping skills **MBD** Plan/changes for next test: Therapists Continue to teach a skill in the assessment that has been identified in clinic. Have therapists save the link to MBD videos on cell phone. **Adopt.** Select changes to implement on a larger scale and develop an implementation plan and plan for sustainability.

Baseline Data





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